

2nd February 2024

Tomlinscote School NEWSLETTER



Dear Parents and Carers,

Where has this half term gone?

A reminder that we have 4 days next week as we have our INSET Day on Friday 9th February. The staff are primarily focussing upon First Aid training during the INSET Day. My aim is to get as many staff First Aid trained as possible, so that we are covered on all the school trips as well as generally around the school site day to day.

A number of students will be completing their Duke of Edinburgh training in school and 120 students will be leaving school at 9am and heading off to Italy for their long awaited skiing trip. I hope they all have a good time and enjoy the opportunity to ski!

All the Year 9 students and parents have now been emailed the Options Booklet and the options process has now officially started. This document and a video explaining how to use the Options portal can be found on our website under the curriculum tab.

I hope that everyone has a good weekend.

Mr Major

Key Dates

Fri 9th Feb

Silver DofE Training in school

Fri 9th Feb

INSET DAY

Mon 12th Feb - Fri 16th Feb

Half term

Mon 19th Feb

Year 7 Enrichment Day

Tues 20th Feb

Year 7 Enrichment cont'd P1 & P2

Thu 22nd Feb

Year 9 Progress Meetings (in school)

**Can February
March?**

**No, but April
May!**



MFL Student of the Month

January

Congratulations to the students named below for being nominated by their respective language teachers for excellence in lessons and Home Learning.

Evie MacKinnon 9H

Consistent hard work and effort, leading to excellent progress being made - well done!

James Mason 8P

Excellent effort and contribution in lessons.

Izzy Alhambra 8L

Excellent attitude and effort to learning.

Sam Moran 9Y

Excellent work and attitude to learning. Consistently working hard.

Rida Khan 9P

For excellent work in Spanish.

Isabelle Ho 9X

Outstanding effort and attitude to learning, always challenging herself to produce work of a high standard.

Sheza Kayani 9Q

Outstanding effort and attitude to learning, leading to excellent progress.

Dylan Pay 9G

Outstanding effort and attitude to learning and consistently working hard.

Sean Free 10L

Consistent hard work and effort. Always producing work of a high standard. Enhorabuena!

Scarlett Pasley 8M

For producing great writing in German!



{% Maths Student of the Month +%}

Emily Campbell 11P

Natasha Hill 10Y

Grace Bevan 7Y

Louis Simpson 8K

Lily Osborne 8Y

Louie Longman 8Q

Kezia Riya David 10P

Veronika Avlassevits 7H

Alanna Sheath 10G

Further Maths

Chanara Wijesinghe 10X

Henrique Goncalves 11P

January

Congratulations to all of the students named above who have been nominated by their respective Maths teachers for achieving great results in their lessons and Home Learning.
Keep up the good work!



Voilà de nos nouvelles

Back in October, the French class of 7A wrote letters to Year 7 students in Le College Notre-Dame de la Paix in Lille, our partner school. In their first letter they wrote a paragraph in French using vocabulary and grammar they had just learnt in class and a paragraph in English talking about what they liked.

When students came back from the Christmas break, there were replies waiting for them. Each student had a letter from one or two French students telling them about themselves and asking questions in French and in English. This was such an exciting experience for our students and made the learning of a foreign language seem far more real and relevant.

It is now their turn to write back! As you can see from the pictures accompanying this article, they have well and truly risen to the challenge. Students wrote on lined-paper as this is different from the paper that French students use.

J'ai adoré ta lettre. J'ai onze ans aussi et je suis en année sept. Dans mon temps libre, je lis et je joue du piano. J'aime aux échecs et je ne joue pas à la pétanque. Est-ce que toi? Je préfère jouer avec mes amis. Elles aussi aiment Black Pink. Quel est ton sport préféré?

Il pleut beaucoup en Angleterre mais j'aime le temps ensoleillé. Quand il fait chaud, j'adore nager. Mon mois préféré est août mais il est ensoleillé et je pars souvent en vacances avec ma famille.

J'aime les maths et les arts plastiques. Je n'aime pas la technologie.

I have never gone to a different country before and I live in England in Grimsby.

Here is 2p for you.

what is your favorite animal?

Au revoir!

merci pour H votre lettre. j'aime gymnastique.

Dans mon temps libre Je, fais du gymnastique et fais Je fais du vélo.

yes + do
my favorite sport is gymnastics and I have been to disney land paris and I have been all the way up the eiffel tower on my 10th birthday.

I am eleven now and am turning 12 in may the 27th.

what sports do you like?

Do you like music and what is your animal?

Dans mon temps libre, je joue au foot le jeudi à 18:00 et le samedi à 9:00. Aussi, je lis une livre et je joue aux jeux vidéo. Tu joues aux jeux vidéo. J'adore les jeux vidéo parce que c'est amusante et ~~très~~ marrante. Merci pour ta lettre. C'est intéressante. Quand il fait chaud, je joue aux ~~jeux~~ boules avec ma gaminille.

J'ai assez des animal de compagnie. Deux chats.

Yes I also play a sports football and basketball.

I am 11 years old.

Dans mon temps libre, je danse ou je regarde la télé. J'aime le drame. Je fais de la danse tous les lundis! Qu'est-ce que tu fais?

- Quel type de musique aimez-vous?
- (Mon type de musique préféré est K-Pop.)
- Est-ce que tu fais des clubs?

enjoy visiting different countries like Spain. Do you visit any ~~so~~ places often? My school starts at 8am 8:30am and finish at 3:10pm but on Friday we finish at 2:15pm.

Photos de mes animaux →



Tasty Pastries!









Year 9 students kneaded, rolled, stuffed and crimped this week which resulted in them baking some truly scrumptious cheese and onion pasties.

With the aroma of cheese in the air and tears in their eyes (from all of the onions) they succeeded in producing some beautiful golden bakes. Surely the perfect food of choice for a miserable January day.



Despite the modern pasty's strong association with Cornwall, its origins are unclear. The English word "pasty" derives from Medieval French for a pie, filled with venison, salmon or other meat, vegetables or cheese, baked without a dish. Pasties resemble turnovers from many other cuisines and cultures, including the bridie in Scotland, empanada in Spanish-speaking countries, pirog in Eastern Europe, samosa in Central Asia, and the curry puff in Southeast Asia.

Tomlinscote Team Results

Tomlinscote U12 Boys Basketball League	V	Robert May's School 	 Score 27 - 26	Player of the Match Finley Coulthard
Tomlinscote Year 11 Boys Football	V	All Hallows 	 1 - 4	Scorer Charlie Keenan-Wells
Tomlinscote Year 11 Boys Football	V	Farnham Heath End 	 Score 7 - 1	Scorers Kris Eccleston - 2 James Banks - 2 Frieden Njini - 1 Luca Boeber - 1 Zahir Al-Nawab - 1

A Roarsome Competition For Year of the Dragon

Chinese New Year is approaching, with that in mind, Ms Pei is running a dragon decorating competition. There will be some dragon sheets at the Student Reception for students to collect and decorate.

Ms Pei and one of the Tomlinscote Art teachers will judge the entries, with the winner announced after half term.

The deadline for submissions is Thursday 8th February. Please hand your completed dragons in at Student Reception.

Please ensure that you have written your name clearly on the back.

Three groups of Year 8 Japanese students have entered the "JaLaChamp" again this year. It is a Japan Language Championship run by the Japan Foundation. The entries have already been submitted and the students are now anxiously waiting to see how they have done. We wish them all the very best of luck in this exciting and enterprising competition.



Japanese Language Championship
for Young Learners UK

じゃらんちゃん 2024

-WANTED-

募集 (ぼしゅう)

Fantastic Speeches & Videos!



わたしたちの、とくいなこと
(Our Talent)

By Chloe & Bella



Good
Luck to :

Sophia
Izzy
Chloe
Bella
Asher
Eassa
Seve
Nathan
Max

Careers News

MITSkills Apprenticeship Open Day – Thursday 15th February 10-12 pm (during half term).

MITSkills (www.mitskills.com) is hosting an Apprenticeship Open Day on **Thursday 15th February** from **10am to 12 noon** at their West Byfleet base. The day will be focussing on both Electrical and Motor Industry apprenticeships, although they deliver a lot more. This is a great opportunity for students to find out about apprenticeships, Study Programmes, T-Levels and provides students with the opportunity to explore the facilities and try some hands-on activities.

This is taking place at the West Byfleet base: **Unit 12-13 Camphill Industrial Estate, Camphill Road, West Byfleet KT14 6EW** (approximately 8 minutes' walk from West Byfleet station). If you are interested in attending then please register by going to the website.



Next week is National Apprenticeship Week (5th-11th February 2024)

Apprenticeships are a fantastic choice for many students, either straight after GCSE or after sixth form/college; however, many students and parents don't know much about the apprenticeships and can be concerned that they're a second rate option rather than a first class opportunity. We have been given access to this parent guide regarding apprenticeships which details why they are such a brilliant choice for more and more students leaving school and college.

Please click the following link in order to find out more about the areas below:

[National Apprenticeship Week - parent guide \(theparentsguideto.co.uk\)](http://theparentsguideto.co.uk)

1. the different types of apprenticeship levels
2. what qualifications are on offer
3. where they can lead
4. what types of students they suit
5. how to find one
6. the application process, and a dedicated section on degree apprenticeships

Young people's careers quiz (all year groups)

InvestIN Education (the company also running the webinar) are also hosting a careers quiz for young people to help them make decisions. They have designed a quiz with a series of expertly crafted questions to help students start considering options which can sometimes feel overwhelming. Once students have taken the quiz, it unlocks a personalised report which unveils industries aligned with their skills and interests. Each report also contains expert advice and resources created with top professionals. This is a great place for students to start looking for future inspiration and an opportunity to reflect on their goals. Please follow this link to take the quiz:

INVESTIN

INVESTIN

INVESTIN

INVESTIN

INVESTIN

Careers online workshop- InvestIN Education (all year groups)

On Tuesday 6th February, InvestIN Education (we are one of their partner schools and they run the immersive careers experiences that so many of our students attend) are running a free, online workshop for students of all year groups, and their families. The workshop is aimed at supporting young people and families with how to choose a future career. They will consider different pathways and different job options and explore the art of choosing the perfect career fit. This is taking place on Tuesday 6th February, online, 6.30-7.30pm. Please follow this link to take you to the registration form:

[Careers Quiz](#)

[Workshop Link](#)

An exciting Easter Opportunity



The Club4 programme (known nationally as (HAF) Holiday, Activity and Food Programme) is returning for the Easter 24 school holidays. This programme is for children in Reception – School Year 11 who are eligible for benefits related free school meals or considered to be 'vulnerable' e.g. children on a child protection plan, known to children's social services, care experienced young people, children with an EHCP (educational, health, care) plan, children accommodated by Surrey County Council, children at risk of exclusion, young carers & refugee/asylum seeking children who may not be eligible for free school meals or are in the process of having their free school meals claims assessed.

Families who are eligible for benefits related free school meals will receive a voucher automatically through their school from 27th February. The voucher links directly to the booking system for parents to book.



To view where camps will be taking place please visit: [Club4 Easter 24 Google Map of Camp Locations](#)

For the main school holidays, all eligible children at school in Surrey have the chance to secure a free place at one of over 100 day camps running across the County. Some camps are commercially run and open to all, while others are exclusive to Club4 families. Dates and timings vary but all camps offer a mix of enriching activities such as arts and crafts alongside physical activity games to keep young people safe, entertained and active. All Club4 camps will provide eligible children with one or more quality meals.

Alongside camp places, there are also resources, activities and ideas to keep the children busy and active available online at <https://www.activesurrey.com/community/club4/parents>

"My son absolutely loved the camp & the amazing staff that ran it, they were all really kind & friendly."

"This has been an amazing experience for my children to meet new people and for them to take part in new activities."

What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

WHAT ARE THE RISKS?

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The
National
College



National
Online
Safety

#WakeUpWednesday

Just to remind parents/carers that if you take your child/children out of school without authority for 5 or more days (which do not have to be consecutive), you will be liable to receive a penalty notice.

Currently the amount payable under a penalty notice is £60.00 per parent/carer per child if paid within 21 days. Thereafter the amount increases to £120.00 if paid between 21 and 28 days. If the penalty notice remains unpaid after 28 days, the Local Authority will consider a prosecution in the Magistrates Court. Please note that penalty notices are issued per parent/carer per child so a family of two parents and two children will receive 4 penalty notices.

Surrey County Council is not responsible for authorising pupil absence and therefore cannot withdraw any Penalty Notice requests without the written permission of the Headteacher.


**IMPORTANT
INFORMATION**

**House
Competition**

**House
Competition**

**House
Competition**

Fortnightly Thursday- Standing Long Jump Results				
				
5th place 25 points	3rd place 69 points	4th place 43 points	2nd place 96 points	1st place 107 points
PERSEVERANCE	CHARACTER	COMMUNITY	EXCELLENCE	PROGRESSION

Thursday 8th February- House competition- Bean bucket challenge				
How many bean bags can you throw into the bucket in the time limit for your house? (Outside A-block/ playground)				
				
PERSEVERANCE	CHARACTER	COMMUNITY	EXCELLENCE	PROGRESSION

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