

13th October 2023

Tomlinscote School NEWSLETTER

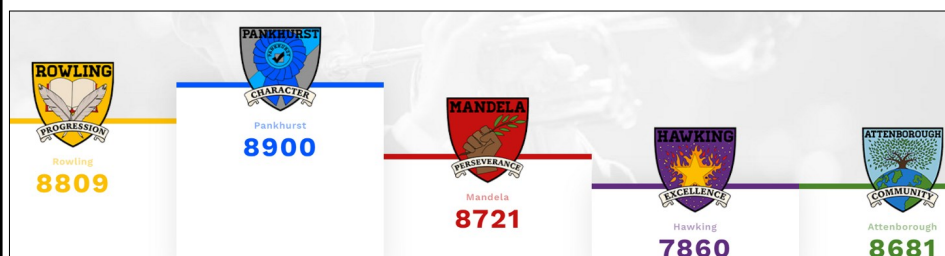


Dear Parents and Carers,

Internationalism - we were very pleased to welcome 24 Spanish students and staff to Tomlinscote this week from our partner school in Almería, Spain. A big thank you to our parents for hosting the children and to Mrs Metcalfe for organising the opportunity when so many secondary schools now decide not to run exchanges. I hope that everyone enjoyed the experience and made new friendships.

Social media - on page 13 I have provided some top tips for parents about managing the use of Tik Tok by students. This is from National Online Safety. Please can all parents have a discussion with their children about the appropriate use of social media and the need to be respectful to one another when online. In school we will continue to focus upon online safety this term and have planned for an external speaker to come in and talk to the students, staff and parents later this term.

House Points - this is the current situation at the moment with Pankhurst in the lead and there are several House activities currently taking place where more points can be gained.



Have a lovely weekend.

Mr Major

Key Dates

Wed 18th October 6pm - 7pm

Year 7 iPads & online safety
(for parents) Main Hall

Fri 20th Oct
INSET

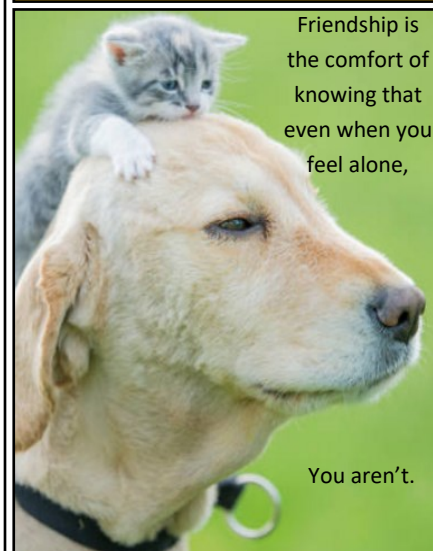
Mon 23rd Oct - Fri 27th Oct
Half term

Mon 30th Oct
INSET

Thurs 2nd Nov 6pm - 7pm
Year 11 Managing Year 11 Exam
stress (for parents) Main Hall

Thu 2nd Nov
Shrek Theatre Visit

Fri 3rd - Sun 5th Nov
Year 9 Battlefields Trip



Friendship is
the comfort of
knowing that
even when you
feel alone,

You aren't.

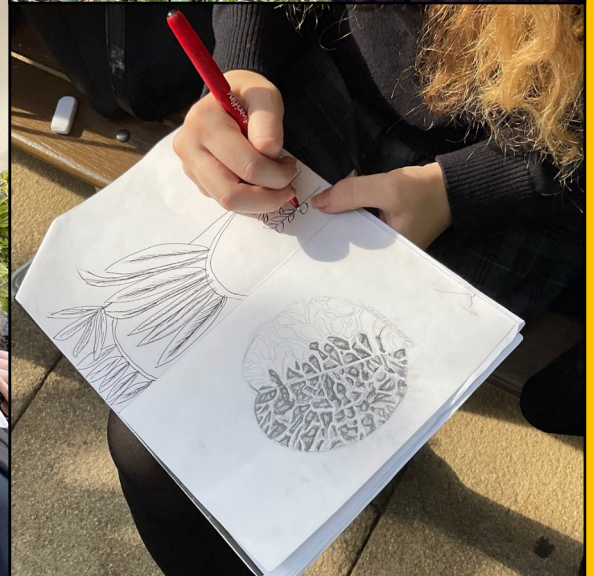
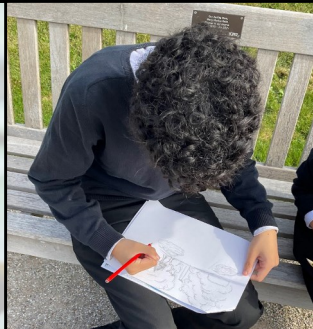
iPads and lily pads!

Year 10 Art & Photography Trip

Kew Gardens



Students used pens and lens to capture the beautiful pictures they drew and photographed while on a stunning trip to Kew Gardens.





Students benefitted from seeing the 'Queer Nature' festival where huge artworks were suspended in the Temperate House. In addition, they got to draw and photograph an amazing horticultural installation which explored the amazing world of plants and fungi.



Back to School Bards



Recently, students were able to enter a House Competition where they were tasked with writing a poem titled "Back to School". See below for some absolutely tremendous entries, proving that we have some amazing literary talent at Tomlinson.

Walking through the towering gate,
I looked around and could hardly wait,
A new school and new places,
New teachers and new faces.

I felt nervous and slightly scared,
For what happened next I was hardly prepared,
A girl walked past and smiled at me,
Followed by another three,
That brought a grin to my face,
Maybe this wasn't such a bad place.

Later, as I climbed up C Block stairs,
And sat down on one of the chairs,
I looked at the people that I could see,
And they all started to talk to me.

Soon I made a couple of new friends,
A new beginning when another one ends.

JOHANNA ARUL ANAND 7K
Rowling

WINNER



When Autumn comes,
And leaves start falling,
Our bags are packed,
And the school bell's calling.

Friends are reunited
After a month of being apart,
All smiling and laughing
Waiting for school to start.

The Beehive is lively and loud
The LRC is where I revise
We joke and play on the playground
Having the time of our lives.

English is full of discussions,
Drama is exciting and fun,
We try our best in every subject,
Even after the school day is done.

I'd like to thank a few people,
All the teachers and my friends
For all the knowledge I've gained,
And the happiness they lend.

Sophia Price 8K



Going **B**ack to school

It's **A**nother new year

ba**C**k to class

six wee**K**s of summer gone

time **T**o learn

More things **tO** discover

I'm sad **S**ummer is gone

But it'll **C**ome again soon

Until t**H**en

I'm g**O**ing back to school

Back **tO** work

I fee**L** great

Emily Armitage 9L



In the early morning's light so clear,
A new school year is finally here.
Backpacks packed and shoes tied tight,
We step into the day, ready to take flight.

In classrooms filled with knowledge and grace,
We learn and grow in this special place.
Teachers guiding with wisdom and care,
Their lessons and guidance, beyond compare.

Friends, old and new, gather 'round,
Laughter and chatter, a joyful sound.
With pencils, books, and notebooks in hand,
We'll conquer challenges and understand.

From math equations to history's tale,
Every subject, a new journey to unveil.
We'll strive for excellence, reach for the sky,
With determination, we'll aim high.

Through ups and downs, we'll persevere,
For knowledge is the treasure we hold dear.
Back to school, a fresh start, anew,
With dreams and goals, there's nothing we can't do.

So let the bell ring, let the adventure begin,
In this world of learning, we'll surely win.
Back to school, with hope and zeal,
A brighter future, it's ours to seal.

By Amir Sultan 9P

SCHOOL BUILDING

ACADEMY

CLASSROOM

KNOWLEDGE

MATHS

PROGRESSION

PERSEVERANCE

EDUCATION

CHARACTER

COMMUNITY

COMPUTER SCIENCE

TOMLINSCOTE

Vanya Jensen - 7R

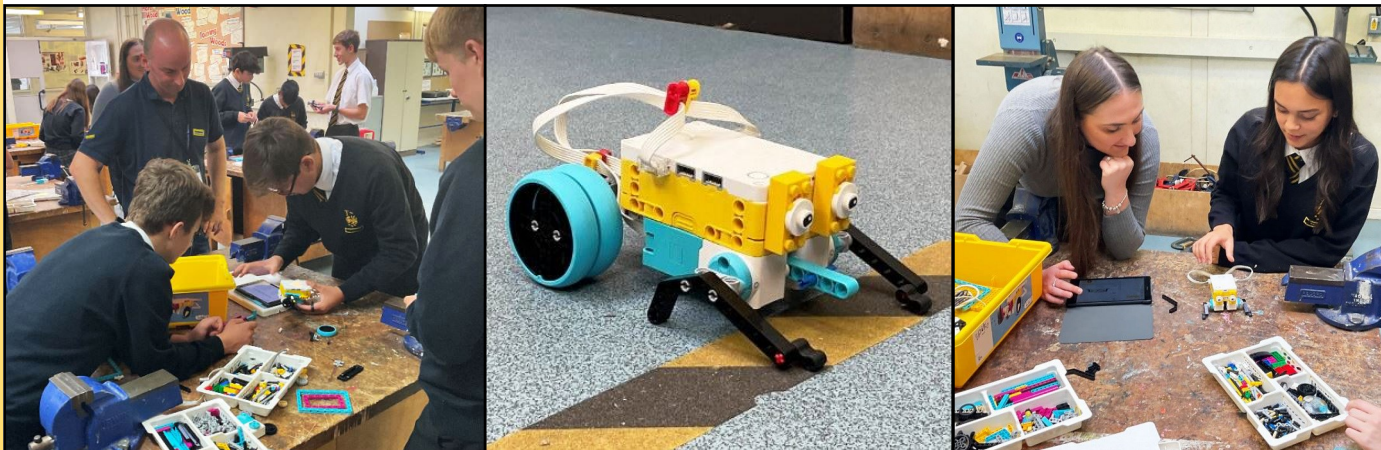


CAREERS INFORMATION



Year 10 GCSE Engineering - 'Speakers for Schools' Lego workshop with Jackson Civils

The new Year 10 GCSE Engineering class struck gold this week with a Lego based engineering workshop delivered by Jackson Civils through the 'Speakers for Schools' programme. The students spent Monday afternoon working on practical based activities related to engineering. This is a new GCSE course now offered at Tomlinson and it was great for these students to experience a STEM related activity within the context of their new learning.



Farnborough 6th Form College – Year 11 visit

Farnborough Sixth Form played host to 33 Tomlinson students on Wednesday in advance of the college's open days next week. The students were invited to see the college in action, visit live lessons and experience the buzz of a college with around 4000 students.

"We wanted to encourage the students to really think about their choices after school," said Dan Cleary, Link Tutor for Tomlinson. "Some didn't know that you can mix A levels with BTEC and vocational courses at the college while others were concerned about picking the right mix of A levels to be able to apply for top universities and follow specific professional careers."

As well as experiencing what it's like to sit in a lecture theatre, students visited a range of subjects from Maths, Biology and Computer Science to Textiles and Graphics. The Tomlinson visitors also ate lunch in one of the college's many cafeterias and said "hello" to former school students!

"Next week's Open Days are the best opportunity to talk to the teachers and find out the details of all the courses we offer," said Dan. "But we hope our early visitors were inspired by what they saw."

Farnborough Sixth Form Open Days are taking place on Tuesday 17, Wednesday 18 and Thursday 19 October 2023 - these are for the students (and their families) who would like to find out more about joining the College in September 2024. There are two sessions - 4:00pm to 6:00pm and 6:30pm to 8:30pm. Time slots need to be booked in advance. Please see the college website for further details and to book your slot for one of these evenings.

<https://farnborough.ac.uk/>



Tomlinscote School Production



LEGALLY BLONDE *The Musical* JR.



The chorus for Legally Blonde Jr is really getting into the swing of rehearsals now that the show is only six weeks away! Choreography for the big musical numbers is well underway with everyone now putting the moves to the music!

Year 7s Aidan Mitchell and Lottie Harber have both been in productions at primary school. "This is a much more complex production with complicated songs," said Aidan. "I'm also hoping I will get some more roles – I'm already playing a salon artist and a prisoner!" Lottie Harber agreed that the production was great fun. "My favourite number so far is the Legally Blonde remix!" We can't wait to see it too!





Artists required:



Create an illustration to go with our school poem.



We have a fantastic school poem that needs some artwork. It can be hand-drawn or digital.

The poem is about the school ethos and has images of us working like bees, growing like tree roots and having the strength of a lion. Therefore, these images need to be included in your design.

Upload your design to the google classroom
(code: iuv3uxy)



Deadline: 1st November.





Don't forget, all entries receive House points and the winning entry earns their House 100 points.

Any questions please ask Mrs Parker.



Tomlinscote Team Results

Tomlinscote U12 Boys Football	V	Robert May's 	 Score 9-1	Scorers Luke Glassar - 4 Kai Gohil - 2 Ethan Fuller - 1 Bobbie Ruffles - 1 Jayden Payet - 1
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Player of the Match - Caden Mephram

Tomlinscote U13 Girls Football	V	Farnham Heath End 	 Score 2-3	Scorers Juliet Wilkins - 1 Izzy Scott - 1
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Player of the Match - Scarlett Pasley

Tomlinscote U13 Boys Football	V	Bohunt 	 Score 2-0	Scorer Jay Coombs - 2
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Player of the Match - Jay Coombs

The Year 8 'A' Team travelled to Liphook on Tuesday to face another new opponent in Bohunt. Continuing their impressive start to the season, Tomlinscote began on the front foot and immediately pressed the Bohunt side deeper towards their own box. Despite the dominance, and several half chances squandered (and a couple of good chances that went begging!), the sides went in level at half-time and Bohunt seemed to be growing in confidence against our press.

The second half continued in the same fashion as Tomlinscote attacked up the hill, before Player of the Match Jay Coombs picked the loose ball up in the middle, drove towards the box and unleashed a wicked curling effort into the bottom corner to open the scoring on 45 minutes.

This lifted the lads, and they increased the press once again. As the game entered the final ten minutes, Tomlinscote earned a corner, which was swung over by Indy Miles and Jay pounced on the loose ball following a goalmouth scramble to put the result beyond doubt.

This was another assured and confident performance by the U13 team, well done.

Tomlinscote Team Results

Tomlinscote hosted the Surrey Heath pitch-up and play U13 Rugby Tournament on Wednesday, with the highest number of teams involved in a tournament in the area since pre-COVID. Calthorpe Park, Winston Churchill, Ash Manor, Salesians (Chertsey), Farnham Heath End and Robert May's all turned out teams in a fantastic event.

Tomlinscote, for the first time in rugby, fielded two teams which included a mix of established club players and students experiencing their first competitive rugby. Tomlinscote also welcomed two Kings International players into their A team, which was great to see. This meant both the Tomlinscote A and B teams had a mixed ability level, which slightly affected team results, but stands us in good stead for developing a larger pool of keen players for future tournaments.

The two Tomlinscote teams ended with a combined record of played 6, won 2, drew 1, lost 3, but the tournament provided the boys with a great experience moving into the tournaments in the winter.

Tomlinscote U13 Boys Rugby	V	Calthorpe 	Score 2-3	Tries Edward Dolbear - 1 Finlay Hooper - 1
Tomlinscote U13 Boys Rugby	V	Salesians (Chertsey) 	Score 1-5	Try Finlay Hooper - 1
Tomlinscote U13 Boys Rugby	V	Farnham Heath End 	Score 2-3	Tries Caleb (Kings) - 1 Aden Holloway - 1
Tomlinscote U13 Boys Rugby	V	Winston Churchill 	Score 3-10	Tries Cian Boeber - 2 Ethan MacLennan - 1
Tomlinscote U13 Boys Rugby	V	Robert May's 	Score 6-0	Tries George Gregson - 2 Cian Boeber - 2 Ethan MacLennan - 1
Tomlinscote U13 Boys Rugby	V	Ash Manor 	Score 5-1	Tries Lucas Rowley - 1 Oscar Bullen - 1 Max Holdstock - 1 George Gregson - 1

Supporting Your Child with Managing Exam Stress



Thursday 2nd November
6pm-7pm
Tomlinscote School



**One-hour Workshop run by your school's Mental Health
Support Team.**

**Please attend for the full hour. There will be time for
questions.**

Workshop Aims

- Recognise signs of exam stress
- Strategies to support your child with exam stress
- How to support your child's general wellbeing

Feedback from previous workshops

**Really
helpful
range of
advice**

**Learned strategies
to help calm the
worries and the
wording to use**

**Clear
structure**

**How to support
different styles of
revision and the
suggestions of
websites/apps**



"What do you do all day?"



**HOUSE
COMPETITION
- CAREERS
INTERVIEW**

Interview your parent/carer on their job!
What do they do?
What does their typical day look like?
Write this up for the newsletter

By Friday 20th October

All entries will receive House points, with the winning entry receiving 100 points for their House!

Add your entries to the House Competition Google Classroom (Classroom code: iuv3uxy)

Don't forget to add your Form and House in the comments section.

Year 7 - Bring your entries to C21

"Can you work from home?"

"Do you have to have specific qualifications?"

Is it 9 - 5 hours?

"Do you work face to face with people?"

"Do you have to wear a uniform?"

"Do you have to do any part of your job outside?"

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Information for Parents & Carers

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-19 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18
CONTENT

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.3 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £3.99 to an eye-watering £95; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 90 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



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National
Online
Safety

#WakeUpWednesday



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