

The Prospect Trust Careers Services Newsletter

@prospecttrustcareers



Discover - Engage - Become



Hello and welcome to the first edition of our careers newsletter for the year. I am delighted that The Prospect Trust Careers Services are working with **Tomlinscote School** and providing the students from Year 7 to Year 11 with high quality independent, impartial careers advice and guidance.

At the end of the summer term we were awarded the Hampshire County Council Futures Award for the best Careers team. We were absolutely delighted to be recognised for the work that we do, providing high quality impartial and independent careers advice and guidance services to the young people with whom we work. We are in such a privileged position being able to guide, inspire and motivate young people to achieve their career goals. Each interaction we have, each word of encouragement we offer plays a crucial part in shaping their journeys. The autumn term is particularly important and busy for students in Year 11 as they start to research and investigate which pathway they will take post 16. Your Careers Adviser is available in school to support you with this process. See below for details of when they are in school and how to contact them.

Best Wishes, Nikki Coleman - Head of Careers Education, Information, Advice & Guidance.

A WELCOME FROM YOUR CAREERS TEAM



Hi, my name is Lorraine Lewington and I am the Lead Careers Adviser at Tomlinscote School.

I am in school once a week on a Thursday or Friday.



Ross Seyfried is in school on Wednesdays.

Careers appointments take place in a dedicated space in the LRC.

Appointments are scheduled by the school and every student will have

the opportunity to have 1 face to face appointment.

Careers summaries are shared with the students on their edulink account.

You can contact us for information by email at:
careers@prospecttrust.org.uk.

We've had some really positive feedback from our pupils about careers interviews recently:

- *The person conducting my interview was very kind and funny and it made the experience a lot easier*
- *Very friendly and informative I know a lot of information about what I want to get into*

CAREERS RESOURCES

Take a free [Career Cloud Quiz](#) (Spartan Test). The test is a quick and simple, image based quiz to help you start thinking about and researching Apprenticeships, Degrees and careers.

Websites to help you with your career research:



www.careerpilot.org.uk

www.icould.com

www.nationalcareers.service.gov.uk

www.ucas.com

[Pathways Explore](#)

[Explore your education and training choices](#) - National Careers Service

[Click here](#) for more information on the World Economic Forum Future of Jobs Report 2023.

Resources for parents:

[Apprenticeship Levels explained](#)

[Qualification routes and levels explained](#)

[T-Level subjects](#)

A parents' toolkit for career conversations:

<https://www.talkingfutures.org.uk/>

[Careermag for Parents, Carers and Guardians](#)



CAREERS FEATURE Careers in the Sports Industry

Many people dream of being a professional footballer, boxer, swimmer or athlete, to name a few. The buzz of energy from having a full time job that once started as a passionate hobby, the potential to have your home nation and family proud of you; something that only some people can dream of! But behind every successful sports professional is a group of successful people that supported them in reaching their dream. Have you ever considered being that person?

What job roles are available?

The roles mentioned above are the most common ones that come first to mind when you mention a career in sports. Becoming a sports professional is known to be challenging and only a few people will succeed. The journey requires a considerable amount of time, determination, money and support. So if it doesn't work out as planned, what next? It is important to consider alternative roles where you are likely to have the opportunity to share your passion. You could be a



To learn about these roles and others, take a look at Career Pilot's '[Sports](#)' sector. To hear from people working in the roles and their experience, take a look at [Careers in Sport](#).

How do I get a job in Sport?

The routes into the sporting industry vary depending on the role. However, following your GCSEs there are subjects and courses that can be studied at local colleges to support your interests. For example:

If you would like to [become a Physiotherapist](#), you could study subjects such as PE and Biology. Following successful completion of your post-16 studies, you will have the opportunity to progress onto University to study a degree in Physiotherapy.

On the other hand, if you have the dream to become **a sports professional**, you will need to ensure that your current training regime is supported by strong coaches with varying opportunities to have your talents noticed. Sports agents and scouts usually look for the best new talent at sporting events and activities. A good education is important in becoming a sports professional but your specific sporting skills are key!

What skills are needed to work in the Sport industry?

Depending on the role you would like, the skills needed will differ. Popular skills are as follows:

- Be physically fit (strength and stamina)
- Have attention to detail
- Work well in a team
- Communicate effectively
- Time management
- Emotional Intelligence

Most of the local colleges offer a range of sports courses and relevant subjects (RSs). Have a look at their websites for further information:

[The Sixth Form College Farnborough](#)
[Queen Mary's College Basingstoke](#)
[Farnborough College of Technology](#)
[Basingstoke College of Technology](#)
[Merrist Wood College](#)

WHAT ARE APPRENTICESHIPS?

Apprenticeships enable you to earn and learn at the same time, gaining a nationally recognised qualification. They are open to anyone over the age of 16. Check the [Gov.UK webpages](#) for more information or take a look at this [Parents' and Carers' Pack](#).

Did you know that within **10 miles** of Tomlinscote School there are currently **126 apprenticeships** being advertised?

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WORK EXPERIENCE - YOU CAN'T BE WHAT YOU CAN'T SEE!

Work experience helps you to learn new skills, decide what you do and don't like doing and supports you in choosing a future career.

Calling all parents and carers - Can you help?

We are always looking for employers to support us. If you or someone you know might be able to help, our

friendly work experience team would be delighted to hear from you: wex@prospecttrust.org.uk

Current virtual work experience opportunities:

Virtual work experience and insight days can provide an overview of an industry and give a taster of the sorts of careers available. All of these include talks from those who work in the industry, plus live webinars and a certificate of completion.

Lots of exciting opportunities can be found on the [Speakers for Schools](#) website, including: **Virgin Atlantic: Live Panel Event 26th October:** [Click here](#) for more information.

Have a look at the [Springpod](#) virtual work experience platform for upcoming opportunities. For example:

Verifying AI Knowledge:

An overview of how software developers play a significant part in making AI happen! You'll learn about software development, AI, and test out your newfound knowledge through interactive quizzes! [Click here](#) for more information

LOCAL COLLEGES & SCHOOLS WITH SIXTH FORMS

Upcoming Events and Open Days. You will need to book to attend these events, so book early to avoid disappointment.

[Academy of Contemporary Music \(Guildford\)](#)

Check the website for details of any upcoming events.

[Basingstoke College of Technology](#)

Open Event 25th November. Check the website for details of any other upcoming events. A Virtual tour is also available online.

[Bracknell and Wokingham College](#)

Open Event 22nd November. Check the website for details of any other upcoming events.

[Farnborough College of Technology](#)

Open Event 15th November. Check the website for details of any other upcoming events.

[Guildford College](#)

Open Event 11th November. Check the website for details of any other upcoming events.

[Merrist Wood College](#)

Open Event 18th November. Check the website for details of any other upcoming events.

AND FINALLY...



If you'd like to keep in touch with The Prospect Trust Careers Services on **Facebook**, please scan the QR code!