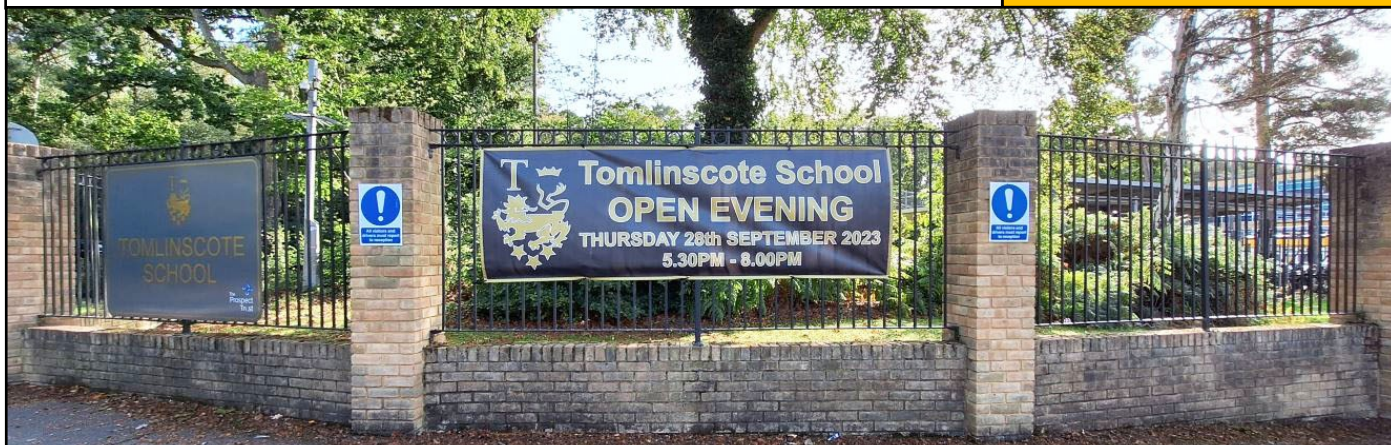


29th September 2023

Tomlinscote School NEWSLETTER



Dear Parents and Carers,

Thank you to the 644 students who contributed to our school Open Evening on Thursday evening. They were superb as subject ambassadors and as tour guides; showing our visitors around the school site. It demonstrated what a lovely Tomlinscote community we have and that our students are really proud of their school. I will include a few photos in next week's Newsletter.

Attendance

Nationally, the issue of attendance is a big problem in our post covid world. At Tomlinscote, we have a strong expectation that students attend school even if they do have a slight cough or cold. This is because there is very clear evidence that shows that being in school is important to your child's achievement, wellbeing, and wider development. Also, you may be aware that we currently have a focus on punctuality. Please ensure your child is at school for 8.30am and help us keep attendance levels high at the school.

Careers Support

We have a very strong Careers programme at Tomlinscote but we need your help with events and insight talks.

Would you be prepared to come and speak to interested students about your career? We recently put a message out to our community asking for volunteers to come into school and speak to our students. If this is something you would be willing to be involved in, then we would love to hear from you.

Please get in touch with Miss Livesey on: hlivesey@tomlinscoteschool.com

I hope you have a lovely weekend,

Mr Major

Key Dates

Mon 2nd Oct - Thu 19th Oct
Year 6 Tours

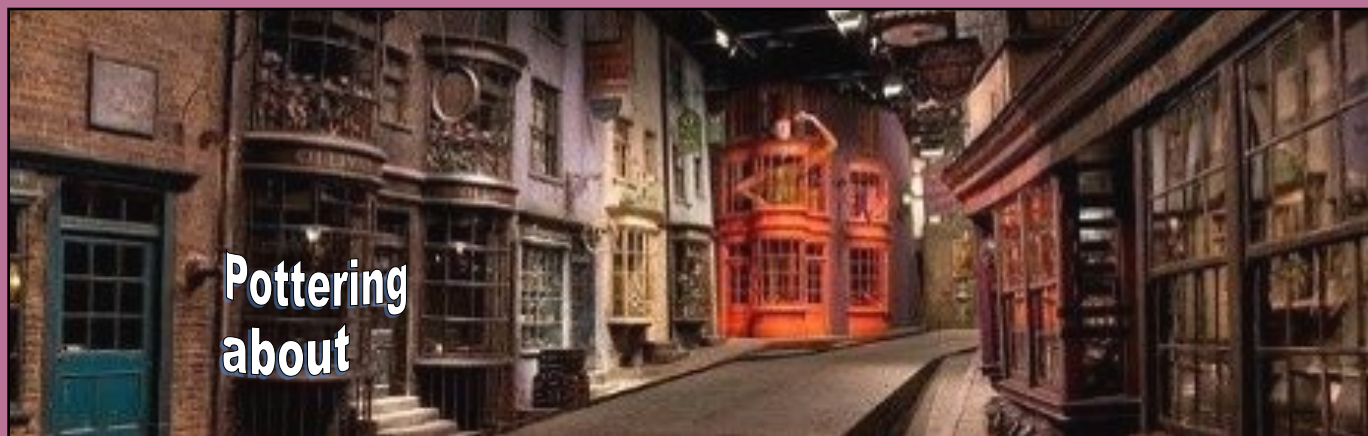
Thu 5th Oct
Meet the Year 7 Tutor

Thu 5th Oct - Thu 12th Oct
Spanish Exchange Students in UK

Fri 6th Oct
Year 10 Photography/Art Trip
Kew Gardens

A PERSON WHO
NEVER MADE A
MISTAKE NEVER
TRIED ANYTHING
NEW.

ALBERT EINSTEIN
German Theoretical-Physicist
1879-1955



Pottering about

With the words of Dumbledore ringing in their ears, “It does not do to dwell on dreams and forget to live” our intrepid Year 10 Creative Media students made the most of their trip to the Harry Potter studios. They benefitted from a specialist workshop on costume and characterisation, and discovered how costumes were designed.



Students then had the opportunity to create their own ideas, with the use of green screen technology.

A tour then followed during a special Dark Arts feature and students got to experience the true magic of film making.

Seeing the film industry come to light provided our students with a truly spellbinding experience!

Harry Potter





Congratulations to all of the students pictured above who entered a writing competition run by 'Young Writers'.

The remit was to write a 100-word saga about a crime! Our students managed to write such wonderful literary pieces that the organisation has confirmed that they would like to publish our students' work.

All of our entrants should feel justifiably proud of their successes and they were all rewarded with drinks and biscuits during a celebratory break with Mr Major.

All adding up nicely!

Aleyna Yesilova	8H
Ethan Fuller	7X
Rinjen Pradham	8M
Logan Brice	9Q
Charlotte Bacon	10P
Avaani Pannum	8R
Jude Sneath	9M
Tabitha Robinson	11Y
Nathan Collins	7Q
Charlotte Finch	11Q
Thomas Masters	11H

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Congratulations to all of the named students who have been recognised for their hard work and commitment in Maths.

All of their teachers have nominated them for producing consistently strong work.

Well done!

≥ + x % - £ Σ ∞ π ≤

"Good Food, Good Mood"

Oodles of noodles and burgers and baps,
roasts with the trimmings and savoury wraps,
Toad in the hole or divine cottage pie,
So come take a look and give something a try!





LEGALLY BLONDE

The Musical JR.



Year 11s, Lucy and Piper are taking to the Tomlinscote stage for the final time in the school production of Legally Blonde Jr – both playing really strong characters.

Lucy is playing Brooke Windham, a prominent fitness instructor who is accused of murdering her husband. Piper is taking on the role of Callahan the top lawyer who is appointed to defend her.

“Brooke is really energetic and because she is also ex-sorority she has that squeaky quality to her character, but she’s a successful business woman so she does have power,” said Lucy. “I’ve got to skip around a lot because we see the opening of her exercise DVD to a great number – Whipped into Shape.”

“Callahan is an intense, arrogant lawyer and a professor at Harvard,” said Piper. “Though defending Brooke, Callahan points at her and says ‘This is Brooke, she killed her husband!’ Callahan really does have a superiority complex!” Acting the villain is something Piper is used to having played a vile record producer in last year’s production of Rock of Ages school edition. “I like playing a baddie! The characters are extreme and mean there’s not much wriggle room to get it wrong.”

Both Lucy and Piper are a little misty-eyed that this is their last school production. “It’s great being part of the smaller community from the bigger school community,” said Lucy. “It’s been even more special this year meeting all the new Year 7s who are giving this 110% and wanting to be part of everything.”

Piper added; “Last one – we’ll miss it – but it’s going to be the best one ever!”

There are still lots of opportunities for people to come and be on stage or help backstage. Rehearsals are on Tuesdays and Thursdays after school in the Main Hall 3.10 – 4.30. The production will take place on 22nd, 23rd and 24th November.

Find Mrs Frater in the Drama Department R12 or email : rfrater@tomlinscoteschool.com



Lucy strikes a pose as fitness instructor Brooke and Piper channels the intensity of lawyer Callahan.



CAREERS INFORMATION



Careers Education at Tomlinscote

Careers Education at Tomlinscote is delivered in three main strands:

PSHE modules- each year group has a dedicated, discrete module related to careers education (please see the website for details of our curriculum road map and what is covered in each module throughout the school)

<https://www.tomlinscoteschool.com/page/?title=Careers+and+Post%2D16+Progression&pid=330>

Enrichment Programme- we have an extensive programme of assemblies, focus groups and workshops, careers insight talks and presentations for students regarding differing careers and post-16 pathways (please see this area of the website for details on the provision from the last couple of years, as well as this current academic year)

<https://www.tomlinscoteschool.com/page/?title=Careers+and+Post%2D16+Progression&pid=330>

Careers in the Curriculum - As well as the additional strands outlined above, we see careers education as one of the 'golden threads' running through our curriculum. As such, each subject area has a curriculum map outlining how they teach careers and post-16 progression routes related to their lessons and topics. This helps to bring alive what the students are learning and why they are learning it; how this then links to life beyond Tomlinscote. (Please see the following area of the website for further details).

<https://www.tomlinscoteschool.com/page/?title=Careers+in+the+Curriculum&pid=610>

Can you help with any events or insight talks? Would you be prepared to come and speak to interested students about your career? We recently put a message out to our community to ask for volunteers to come in to school and speak to students. If this is something you would be willing to be involved in then we would love to hear from you.

Please get in touch with Miss Livesey on: hlivesey@tomlinscoteschool.com



Tomlinscote Team Results

Tomlinscote Boys U12 Football Team	V	Farnham Heath End 	 Score 0-3	Player of the Match Luke Bush
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First two fixtures of the Netball season

Tomlinscote Girls 8A Netball Team	V	Farnborough Hill 	 Score 27-19	Players of the Match Eloise Wellington Eva Scott
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After an undefeated season in Division 3, the Year 8s have been thrown in at the deep end of Division One! Their first game was away against the mighty Farnborough Hill. The girls were excited, but nervous! After the first quarter it was 8-8, it was clear that this year was going to be a lot harder than last, but I was surrounded by very determined faces. They gained a lead in the second quarter and with some solid defending from Esther and Issy they didn't let that go! The game finished with a well-deserved win 27-19. An amazing start to the season and a strong message as we begin our Division One campaign! Well done girls.

Tomlinscote Year 10 Netball Team	V	Farnborough Hill 	 Score 25-14	Players of the Match Alanna Sheath Freya Smith
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The Year 10 team travelled alongside the Year 8s to Farnborough Hill for their first game of the season. After an outstanding year of netball, they too have moved up a division. The girls swiftly made their mark on the game as they have previously done being a strong group of players. The score was 17-8 after the first two quarters. The girls worked together to pull their lead to 11, winning the game 25-14. This was really excellent play from both of the Tomlinscote netball teams.

"I always love to watch Tomlinscote teams play and their first games have just increased my excitement for the season ahead! Thank you to parents who came to watch. Please come and show your support to our netball teams, they always appreciate it and you won't be disappointed!"

Miss Lomas - PE Department



Tomlinscote Team Results

Tomlinscote Boys U12 Football Team	v	Calthorpe School 	 Score 1-1	Scorer Kai Gohil
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Player of the Match - Jayden Payet

Tomlinscote Girls U16A Football Team	v	Eggar's School 	 Score 5-0	Scorer Sianna Hegarty - 4 Ciara Hegarty - 1
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Player of the Match - Izzy Lewis

The Under 16 Girls travelled to Eggar's for their first match of the season, having been promoted to the top division for this season. Playing up hill in the first half, the girls applied instant pressure to the Eggar's defence, and soon saw some good half chances being created. After 10 minutes, Sianna scored a superb solo goal, running through from midfield to open the scoring, and Tomlinscote could have doubled their lead shortly after when Isabelle Mather broke through again. Limiting Eggar's to counter-attacks which ultimately petered out, the girls continued to apply pressure to the Eggar's back line, and almost increased their lead with shots which blazed just over from Izzy Lewis and Mya Lo. As the half went on, Connie Gimblett was called upon to make a couple of excellent one-on-one saves as Eggar's broke through, but the half ended 1-0 Tomlinscote.

The second half saw more of the same, with a change of shape and personnel for the girls, and Sianna soon bagged her second of the game with another solo effort, before quickly completing her hat-trick to make it 3-0.

By this time, the girls were full of confidence on the ball, and good play down the left wing from Olivia Windard and Mya saw some decent chances being created. Sianna added a fourth, before being substituted for the remainder of the game, whilst sister Ciara scored a long-range effort which bounced over the Eggar's keeper to round out the scoring and secure a 5-0 away win for the Tomlinscote girls. Player of the Match for her tireless running up top was Izzy Lewis, despite being pushed by the 4-goal scorer!



"What a performance"

GCSE Drama students from Y10 and Y11 enjoyed an enthralling trip to the Yvonne Arnaud Theatre to watch 'Blood Brothers', their set text for their written paper. The musical tells the story of twins, Mickey and Eddie and how they were separated at birth as their mother could not afford to keep them both. The show tracks their lives and how without knowing the truth the boys meet and become friends, much to their mother's dismay as she is haunted by the superstition that should they find out they are brothers they will die. The play which explores class difference, mental health and childhood innocence is a rollercoaster of a show filled with powerful songs, comedy and a dramatic ending.

"I loved it! It was the perfect amount of funny, scary and sad. My favourite parts were the funny and playful beginning and then the emotional and impactful end". Emma Holloway

"I was fully sobbing by the end of it, I think it was very powerful and moving. I was absolutely blown away and definitely recommend going to watch it. Overall, really enjoyed it and I think it was very helpful to my GCSE because I got to see real, raw emotion in a live show". Shereena Majumdar

"Blood Brothers was one the best shows I've seen, we were laughing at the start but then crying at the end, the emotions were amazing. We saw the main character transform from a boy to a man who had real problems like mental health, medication dependency, poverty and not being able to fulfil the expectations put on him by society". Abigail Simpson

"I loved how they foreshadowed the deaths of Micky and Edward but didn't let you know how they died. I also liked the class difference and Mrs Johnston sang amazingly. They had really good clean transitions". Erin Westmeijer

"It was great to be able to see a live piece of theatre that we study for our exam, but it also gave us ideas for our performance coursework. The performance was emotional and I loved the time when you can see the emotional connection between Mrs Johnston and the twins straight after they were born". Amy Fishlock

"I really enjoyed Blood Brothers, I was really amazed and blown away by it. My favourite part was when the narrator burst into a dramatic song and he lurks around the scenery watching and being mysterious almost like a puppeteer controlling the story, I would definitely watch it again!" Aimee Bates

A real 'cracker' of a competition



Tomlinscote Christmas Card Competition 2023

Are you artistic and think you have what it takes to win our Christmas Card Competition? Tomlinscote needs you to come up with a new Christmas card design. One lucky winner will have their drawing professionally printed to become the official Tomlinscote Christmas card for 2023.

Here are the steps and entry requirements. Deadline is Tuesday 31st of October

1. Design your Christmas themed front cover - make sure this is no larger than A5 otherwise it will not fit.
2. If using paints, pencils etc. ensure your drawing is clear. If it's electronic, make sure you attach a file we can download and open (PDF/Photo/Slides/PPT/Docs etc).
3. When you have completed your design, join our 'House Events' Google classroom with this class code: **iuv3uxy** . Alternatively, you can hand it straight to your Head of House.
4. Once you have joined the classroom, attach your design to the 'Christmas Card Competition' folder.
5. In the private comments, type your form and what House you belong to and submit your entry.

We look forward to seeing what you come up with and congratulating the winning designer!

HALLOWEEN PHOTOGRAPHY COMPETITION

A maximum submission of 3 photographs. these images must be your own photographs and need to be uploaded to the google classroom

Class code: ykj3ehr

3rd, 2nd and 1st place will be announced on 20th October



BE CREATIVE

Parent/Carer Notices

Tomlinscote School has a School Nurse who will be coming in once a month.

If you feel your child would benefit from meeting her, please contact Student Support for further information.



IMPORTANT NOTICE

THE BEEHIVE

Reminder for lunch accounts

There are a considerable number of students arriving at the tills in the Bee Hive with trays of food and no money on their accounts. Please could we ask parents and carers to check that their child's account has money on it to ensure a speedy service.

RESTAURANT

Canteen staff are required to write down the name of every student and every item they have selected. This results in long queues and delays and impacts on the time that students have to eat their lunch. Thank you

What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be disposable (once the liquid or battery runs out, the vape is thrown away) or rechargeable (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction; that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2006 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 1.3 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a positive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



Source: <https://www.bbc.com/health-66804424>



www.thenationalcollege.co.uk



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