



Skills

Mastery in Year 11

- Produce a scientific food investigation.
- Independently and successfully plan, prepare and cook a range of high skilled dishes successfully.
- Understand the examination content and have confidence in external set written exam.

Mastery in Year 10

- Apply understanding of food safety, nutrition, food science, food provenance and food choice.
- Cook with confidence and creativity.

Mastery in Year 9

- To confidently describe food science principles.
- Understand and explain how to reduce food waste.
- Articulate how to make healthier choices.

Mastery in Year 8

- Independently and confidently select and use equipment correctly to produce high-quality skilled products.

Mastery in Year 7

- Be able to critically analyse and evaluate strengths and weaknesses.
- Completed sensory testing and explain creative ideas for improvement.

Knowledge

