



Year 7 Parent Information Evening

Monday 18th September

Results – Fantastic Attainment & Progress

ENGLISH – 91%

MATHS – 86%

BIOLOGY, CHEMISTRY & PHYSICS – 100%

11 other subjects had 90%+ grades 9-4

40% of our grades were Grades 9-7

Progress 8 Value Added at +0.60 (+0.29 in 2022, +0.13 in 2019)



Expectations for the year

- Home Learning – will be written in the planner
- Planner
- Uniform
- Lates
- Use of Edulink for communication
- Parental Forum
- Working with the school together



Race for Life





Year 6/7 transition

- Role in developing relationships with all junior schools – focus on developing the whole child
- The Prospect Trust
- Link to Year 7 on the Senior Leadership Team



Tomlinscote's Core Values

EXCELLENCE Hawking	COMMUNITY Attenborough	PERSEVERANCE Mandela	CHARACTER Pankhurst	PROGRESSION Rowling
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- 5 key 'values' developed - collaboration of students and staff (2018/19)
- Reflected across all areas of the school
 - Rewards system
 - House System
 - T5 Award



Tomlinscote's House System

- House System was introduced in 2019
- Collaboration of students and staff
- Each house represents one of our key values
- T5 Award



Celebrating Success

- Rewards system
- House points
- Assemblies
- Acts of kindness awards
- Praise calls
- Post cards home
- Hot chocolate and biscuits with Mr Major!



Year 7 so far

“I really enjoy the beehive, the food is really good. My favourite are the donuts!”

“I have found getting around easier than I thought it would be and the lessons are really fun, especially Geography”

“it was a bit daunting at first but its really good moving around to different places and seeing different parts of the school”

“My friends aren’t in any of my classes, but I really like seeing them at break and lunch and I have had the chance to meet new people and make new friends as well”

“the teachers are really understanding”

“science is really good, I didn’t think we would be able to use Bunsen burners in the second lesson”



Year 7 ethos

- Excellence
- Community
- Perseverance
- Character
- Progression
- Support and care
- Kindness



Year 7 team

Head of Year – Mrs J Teare

Student Support Officer – Mrs C Candappa

Assistant Head of Year – Mrs S Davies

Safeguarding Lead – Mrs H Rushby

SLT Link – Mrs H Livesey



Year 7 team

7R – Ms P Cookson

7H – Miss O Tolley

7Q – Mrs N Hayden / Ms M Whitby

7G – Ms N Kirby

7P – Mr L Frater / Mr O Van Koetsveld

7K – Mrs E Doherty

7X – Mrs R Savochkin

7Y – Mr A Abraham

7M – Ms T Mitchell

7L – Mrs G Long / Mr M Dainton



Settling in

- Transition programme
- Tutor for 5 years
- Year 10 mentors
- Extra curricular



Tutorial programme

- Character Values
- Growth Mindset
- Wellbeing
- Online Safety
- Citizenship



Enrichment

- Enrichment days

Anti-bullying

Well being

Sustainability

- Enrichment programme
- T5 Award



Learning and Teaching

- Recall and long-term retrieval
- ‘Mastery’ approach to learning and teaching
- Y7 - Revision techniques
- Importance of being an ‘independent learner’
- Tomlinscote ‘learning behaviours’ (assessment and reporting system)



Year 7 curriculum

Subjects taught in mixed ability tutor groups	Subjects taught in mixed ability groupings	Subjects set/streamed
<ul style="list-style-type: none">• Computer Science• Creative Arts (Art, Drama, Music)• Enrichment/PSHE• Humanities (Geography, History, RS)• Science	<ul style="list-style-type: none">• English• Modern Foreign Languages• Technology• PE	<ul style="list-style-type: none">• Maths



Home Learning

- 30 mins per subject slot (Maths- once, 60 mins)
- Do it the night it is set!
- Home Learning Club

YEAR 7 HOME LEARNING TIMETABLE 2023-2024

YR 7 CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
R	MATHS READING TECHNOLOGY	ENGLISH HISTORY SCIENCE	GEOGRAPHY MFL READING	ENGLISH READING	MFL RS SCIENCE
H	GEOGRAPHY MATHS TECHNOLOGY	ENGLISH RS SCIENCE	HISTORY MFL READING	ENGLISH READING	MFL READING SCIENCE



Curriculum Support

- Led by 'Learning Support' department
- SENDCO – Mrs Gill
- Range of interventions:
 - Mentoring
 - High impact literacy programmes
 - In-class support for identified students
 - External agency involvement
 - Access arrangements
 - Home Learning Club



Literacy at Tomlinscote

- Differing focus for each year group – Y7 (reading)
- Higher challenge at KS3 – specialist subject vocabulary and more complex texts
- Use of ‘Accelerated Reader’ programme
- ‘Drop Everything And Read’ intervention
- Please support this at home – reading for pleasure!



‘Accelerated Reader’ (Y7&8)

- Programme which improves reading ability and continually raises reading ages
 - Assignment of appropriate materials to match and challenge ability
- AR lessons in the LRC
- AR tests and quizzes - assessment of progress or to identify a need for intervention
- Benefits – impact of reading for at least 20 mins a day!



Common issues

- Friendship fall outs
- New teachers and change
- Adjusting to expectations and new friends

How can home support?

- Listen to experiences and offer care
- Help young people problem solve themselves independently
- Advise to speak to tutor as first port of call
- Normalise some of these challenges and new experiences



The year ahead - key dates

5th October – meet the tutors evening 3.30-6.30

3rd November – year 7 reports home

TBC – year 7 enrichment day – anti-bullying

22nd-24th November – school production

8th March – year 7 reports home

18th April – Year 7 progress meetings (online)



Keeping Children Safe Online





Do you know your Social Media?

13

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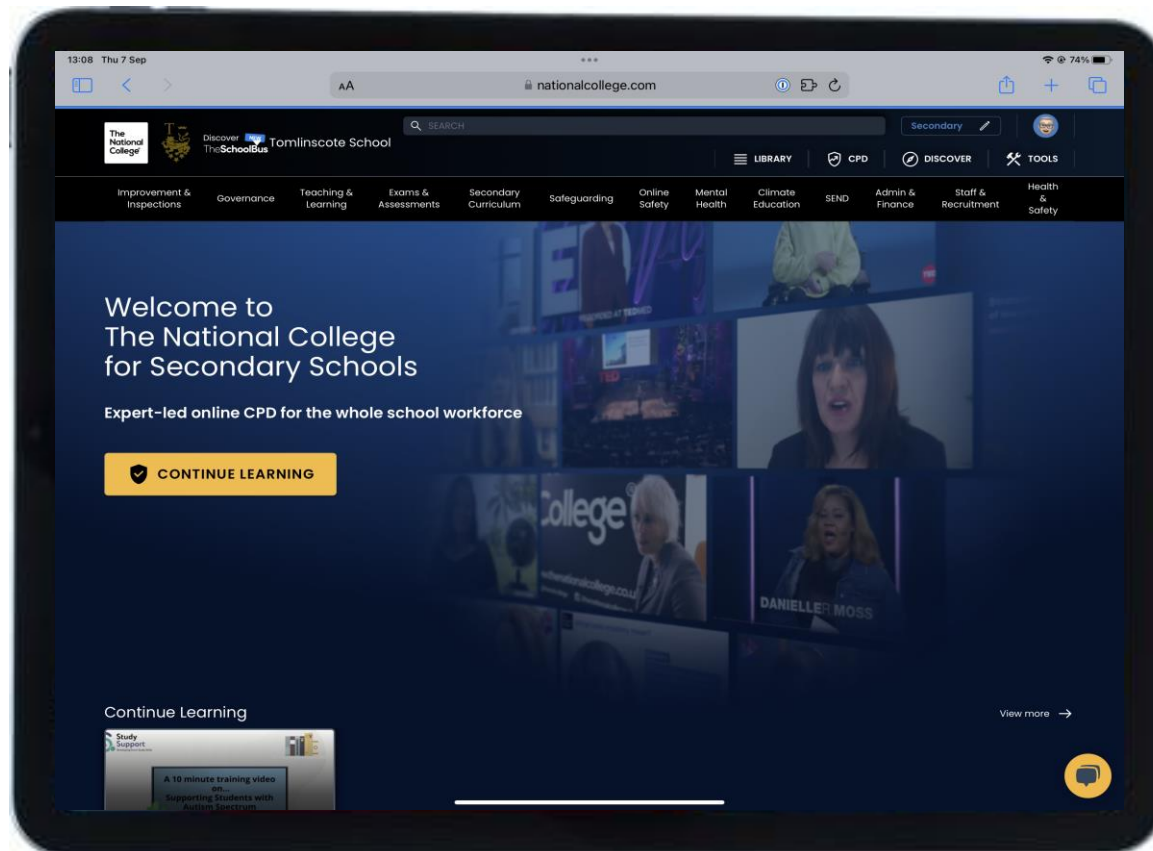
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12 Social Media Online Safety Tips FOR CHILDREN WITH NEW DEVICES

With Christmas only a few weeks away, many of you will be using social media to share your excitement with friends and family. Being active on social media is a great way to show others how much fun you're having, but it's important that you know how to use these apps safely and securely so that bad things don't happen. By following our safety tips below, you can make sure that your personal information stays private, your postings are positive and that your social media use overall is responsible, healthy and most of all enjoyable.

- DON'T ACCEPT FRIEND REQUESTS FROM STRANGERS**
Make sure that you set your profile to private so that people you don't know can't find you online. Always tell a trusted adult if a stranger or somebody you don't know sends you a message or a friend request.
- NEVER SHARE YOUR PERSONAL INFORMATION WITH PEOPLE YOU DON'T KNOW**
Keep your personal information private. Sometimes people online aren't always who they say they are and might ask you to share things that you don't feel comfortable sharing.
- DON'T SHARE EMBARRASSING PHOTOS OR VIDEOS OF OTHERS ONLINE**
This could really upset them and could get you into a bit of trouble. Always think twice before posting anything on social media and treat people online as you would in real-life.
- NEVER SEND NAKED PICTURES OF YOURSELF TO OTHERS**
This is illegal if you are under 18 and you could get into trouble with the Police, if you are being pressured by someone, always say no and tell a trusted adult. Even if you think it is innocent fun, the photo could be shared with other people and you won't be able to control who else sees it.
- CREATE A POSITIVE ONLINE REPUTATION**
Always be kind and polite when posting comments on social media and only upload pictures and videos of things you are proud of. This forms part of your digital footprint. Everything you do online can be tracked and monitored and could affect what people think of you in real-life if it is negative.
- LIMIT YOUR SCREEN TIME**
Social media can be addictive, and it is easy to keep checking newsfeeds or your notifications every 5 minutes which can affect your behaviour and stop you from doing other things. Remember to only use your phone at certain times of the day, turn notifications off at bedtime and go out and have as fun as much as possible. This will keep you fit and healthy and make you appreciate there's more to life than just what's on social media.
- BLOCK ONLINE BULLIES**
Sometimes people might say nasty things to you online or post offensive comments on your pictures or videos. If this happens, always tell a trusted adult who will help you block them from your profile and support you in taking further action.
- REPORT INAPPROPRIATE CONTENT**
If you see something on social media that you don't like, offends you or upsets you, you should always report it to a trusted adult. You should also report it to the social media app who will be able to remove the content if it is against their user policy and can block the person who posted it.
- ONLY USE APPS WHICH YOU ARE OLD ENOUGH TO USE**
Before downloading any new social media app, always check the age-rating. If you need help, ask your parent or carer to make sure that the app is safe for you to use and never download anything which you are too young for as it may contain content that isn't safe for you to see.
- ALWAYS SECURE ALL YOUR SOCIAL MEDIA PROFILES WITH A PASSWORD**
This will help to keep your private information safe and won't allow others to access your profiles without your permission. Make sure your passwords are memorable and personal to you but something which other people can't guess, and always share them with your parents just in case you forget them.
- ASK PARENTS TO SET-UP 'PARENTAL CONTROLS' FOR SOCIAL MEDIA**
When you download a social media app, you should always ask a trusted adult to help you set it up for the first time. This will help you control who sees what you post, who can contact you and make sure you are able to enjoy using the app safely and securely.
- ALWAYS TALK TO YOUR TRUSTED ADULT IF SOCIAL MEDIA IS MAKING YOU UNHAPPY**
Sometimes, social media can make us feel bad about ourselves or that we aren't the same as someone else or doing the same things as someone else. Remember, if you ever feel this way, it's really important to talk to your trusted adult(s) like your parents, carers, other adult family members or a teacher, all of whom will be able to support you and discuss your feelings with you to help make you feel better.

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, links and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted - sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrails young people, but we can still help children to be aware of their mental wellbeing, recognising when something isn't OK - and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms rank content by user interest - someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that contains horror themes, that's what will be recommended to them in future. Someone who has a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**
Avoiding the default feeds on social media platforms limits the amount of recommended content, there's a 'show more' button to scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss with them what they like and what they don't like, if it's a problem, it could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across inappropriate content on social media, there's the option to hide that post as well as indicating you don't want any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**
Phones and most apps can tell you how much they're being used. Spending too long online can wear a child's mind out on other activities that are important to their wellbeing. You could set some family rules - everyone to follow - around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need parents to exercise their independence - but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message as soon as they arrive. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority - and those notifications are often more intrusive when we have more time.
- 8. USE DEVICES TOGETHER**
Giving children Internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider creating a particular area of the home designated space to use phones, tablets etc so as not to make it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful posts.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, a healthy diet and regular sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our bodies need to feel well - so encouraging your child to put down their phone and do something that doesn't involve a screen can be immensely beneficial.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but - just like offline life - the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert.
Dr Sarah Brown, a specialist teacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Sarah is a Fellow of the Chartered College of Teaching and the author of The Rainbow Within, a book which supports children with social needs.

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Keeping Safe On Line - NSPCC

- Have the conversation early and often
- Explore online together
- Know who your child is talking to online
- Set rules and agree boundaries
- Make sure the content is age appropriate
- Use parental controls to monitor and filter
- Check they know how to use privacy settings and reporting tools

