



Careers Advice at Tomlinscote
School is provided by The Prospect
Trust Careers Services

Where and when to find your Careers Advisers

Your Careers Advisers; Lorraine Lewington & Ross Seyfried, are available in school every Wednesday and every other Thursday & Friday. The careers discussions take place in the Careers room in the LRC. You can contact your advisers for information: careers@prospecttrust.org.uk



How Can Careers Advice Help?

Advisers can help with...

- Discussing your career ideas
- Guidance on choosing your GCSE options
- Finding out about college courses
- Exploring university opportunities
- Learning about apprenticeships
- Help with job hunting

...But can't

- Provide instant information on anything
- Encourage unrealistic ideas or ambition
- Tell you what to do with your life!



Year 11

- All students in Year 11 will have/had a Careers Appointment between Easter of Year 10 and Easter of Year 11.
- If you have already had one but you feel you would benefit from seeing a Careers Adviser again, you can request a meeting via the following routes:
 - ▶ Through Ms Livesey (Assistant Principal)
 - ▶ Through Mrs Khan (Careers Administrator)
 - ▶ Through speaking to the advisers:
careers@prospecttrust.org.uk



Year 11 – What are your options?

- You need to remain in some kind of education until you are 18. This does not mean that you have to go to college full time, you could consider following an apprenticeship programme that allows you to earn and learn at the same time.

The 3 main routes to qualifications are:

- A Levels - Entry requirements are: 5x 9-4 grades at GCSE (a 6 or higher is required in some subjects). 3-4 subjects are studied over 2 yrs
- Btec & T Levels, vocational subjects - Several levels available so entry requirements vary
- Usually one 'industry area' is studied e.g. Hairdressing, Mechanics, I.T
- Apprenticeship - Several levels are available so entry requirements vary
- Involves learning the skills for one job in particular



Year 10

- During the spring and summer terms some year 10 students will be booked in for a careers appointment, if you are in year 10 and would like to have an appointment this year please get in touch:
- You can do this by speaking with your **Tutor, speaking to Mrs Khan and Ms Livesey**
- or by speaking with the advisers every Wednesday and every other Thursday & Friday. You can also email them at:
careers@prospecttrust.org.uk
- **The Careers Advisers will be in the LRC**



Year 9

- Confused about choosing your GCSE options?
- Your advisers can help you look at the options available. Ask your tutor if you would like some support with this.
- See the next pages for some good and bad reasons to pick a subject...



How to choose a subject

Do choose a subject because:

- You are interested in the subject and think you would enjoy learning about it
- It is relevant to your career ideas (if you have any - don't worry if you don't!)
- It will keep a broad range of options open to you
- You are doing well in the subject
- Your teachers think it is a suitable choice
- You like the way it is assessed
- It will combine well with other subjects and help your general education



How to choose a subject

Don't choose a subject because:

- Your friends are picking it (this doesn't mean that *you* will enjoy it too!)
- You like the teacher (your favourite teacher might leave!)
- You think you *should* do it even though you don't want to
- Your parents think you should take it but it doesn't interest you
- You know someone who has done it and they say it was great (everyone's different!)
- It's thought of as a 'cool' subject by most people
- You think it will be easy
- It sounds good but you haven't really found out about it



Useful Websites

www.careerpilot.org.uk

www.icould.com

www.nationalcareers.service.gov.uk

www.apprenticeships.org.uk

www.notgoingtouni.co.uk

www.ucas.com

