



MENU WEEK 1



Weeks Commencing 4/9/23 , 25/9/23 , 16/10/23 , 6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24,
1/4/24, 22/4/24, 13/5/24, 3/6/24, 24/6/24, 15/7/24,

	MON	TUE	WED	THU	FRI
MAIN Course	Chicken Chow Mein	Cottage Pie Steamed Broccoli	Honey Roast Gammon Roast Potatoes Honey Roast Parsnips, Peas, Gravy	Chicken Tikka Masala Steamed Rice	Southern Fried Chicken Fries Baked Beans
VEGETARIAN Hot	Vegetable Stir Fry & Rice	Spinach & Tomato Tart Herb & Paprika Roasted Potato	Soft Butternut Squash & Feta Taco	Vegetable Balti & Rice	Vegan Sausage Fries Baked Beans
Joe De Frango	Lemon & Herb Chicken Thigh & Rice	Lemon & Herb Chicken Thigh & Rice	Lemon & Herb Chicken Thigh & Rice	Lemon & Herb Chicken Thigh & Rice	
HOMEMADE Soup	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil
PASTA Hot	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce
DESSERTS Hot		Apple Crumble & Custard		Chocolate Orange Sponge Custard	
BREAD Freshly Baked	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain
SALAD Cold	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
JACKET BAR With Selected Fillings	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato
PRANZO Pizza	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab



MENU WEEK 2



Weeks Commencing 11/9/23 , 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24,
8/4/24, 29/4/24, 20/5/24, 10/6/24, 1/7/24, 22/7/24,

	MON	TUE	WED	THU	FRI
MAIN Course	Beef Burger In Bun Salad, Burger Sauce Skin On Baked Potato Fries	Cumberland Sausage Mash , Peas Gravy	Roast Pork Roast Potato , Peas Roast Carrots , Gravy	Beef Chilli Rice Green Beans	Southern Fried Chicken Fries Peas
VEGETARIAN Hot	Sri Lankan Spinach , Potato & Chickpea Wrap	Quorn Sausage Mash , Peas & Gravy	Root Vegetable Chickpea Tagine Cous Cous	Feta & Mediterranean Vegetables Cous Cous Flatbread	Vegan Sausage Fries Peas
Tacotaria	Korean BBQ Shredded Chicken Taco	Korean BBQ Shredded Chicken Taco	Korean BBQ Shredded Chicken Taco	Korean BBQ Shredded Chicken Taco	
HOMEMADE Soup	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil
PASTA Hot	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce	Tomato & Basil Sauce Bolognese Sauce
DESSERTS Hot		Sticky Toffee Pudding Custard		Rhubarb Crumble Custard	
BREAD Freshly Baked	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain
SALAD Cold	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
JACKET BAR With Selected Fillings	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato
PRANZO Pizza	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab



MENU WEEK 3



Weeks Commencing 18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24,
15/4/24, 6/5/24, 27/5/24, 17/6/24, 8/7/24, 29/7/24,

	MON	TUE	WED	THU	FRI
MAIN Course	Sweet Chilli Chicken Noodles Steamed Broccoli	Ham & Mushroom Carbonara Garlic Bread Slice	Pulled Chicken Stuffing & Gravy Steamed New Potato Roast Carrots , Peas	Fajita Spiced Shredded Chicken Taco	Southern Fried Chicken Fries Peas
VEGETARIAN Hot	Falafel & Salad Pittas	Homemade Mac N Cheese Green Beans	Potato Leek Cheddar Slice Green Beans	Homemade Spinach & Tomato Tart Baked Jacket Wedges	Breaded Quorn Fillet Fries Peas
Wing N Bone	Texan BBQ Chicken Wings	Texan BBQ Chicken Wings	Texan BBQ Chicken Wings	Texan BBQ Chicken Wings	
HOMEMADE Soup	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil
PASTA Hot	Tomato & Basil Sauce Bolognaise Sauce	Tomato & Basil Sauce Bolognaise Sauce	Tomato & Basil Sauce Bolognaise Sauce	Tomato & Basil Sauce Bolognaise Sauce	Tomato & Basil Sauce Bolognaise Sauce
DESSERTS Hot		Rhubarb Crumble Custard		Jam & Coconut Sponge Custard	
BREAD Freshly Baked	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain	White Petit Pain
SALAD Cold	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
JACKET BAR With Selected Fillings	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato	Herb Rubbed Jacket Potato
PRANZO Pizza	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab	Margherita Pizza Slab Pepperoni Pizza Slab