



Tomlinscote PE Extracurricular Timetable

Day	Activity	Yr Group	Venue	Staff
Monday	Morning Fitness	10	Fitness Suite	Mr Taylor
	Lunchtime Football	Variable	Sand Astro	SLT
	Dodgeball	7	Gymnasium	Ms Thomas
	Fitness	7	Fitness Suite	Mr Mount
	Football	7	3G Astro - moulded studs	 Pulse Football
	Athletics - Throwing/Jumping	All	Field	 Mr Stopher
	Rounders	7	Field	Ms Lloyd
	Netball	9/10/11	Sand Astro	 Complete Coaching
Tuesday	Lunchtime Football	Variable	Sand Astro	SLT
	Trampolining	All	Gymnasium	Mr Young
	Fitness	9/10	Fitness Room	Mr Cochrane
	Football	10	3G Astro - moulded studs	 Pulse Football
	Football (Girls Only)	All	3G Astro - moulded studs	Ms Lloyd
	Athletics - Track	9/10/11	Field	 Mr Stopher
	Rugby	7/8	Field	Mr Crossan
	Rounders	10/11	Field	Ms Mensah
Wednesday	Morning Fitness	10	Fitness Suite	Mr Taylor
	Lunchtime Football	Variable	Sand Astro	SLT
	Dodgeball	8	Gymnasium	Mr Mount
	Fitness	8	Fitness Suite	Mr Young
	Football	8	3G Astro - moulded studs	 Pulse Football
	Rounders	8	Field	Ms Lloyd
	Netball	7/8	Sand Astro	 Complete Coaching
	GCSE PE	10	T1	Mrs Mensah
Thursday	Lunchtime Football	Variable	Sand Astro	SLT
	Dodgeball	9/10	Gymnasium	Mrs Mensah
	Fitness (Girls Only)	All	Fitness Suite	Ms Thomas
	Football	9	3G Astro - moulded studs	 Pulse Football
	Football - Goalkeeping	All	3G Astro - moulded studs	 Pulse Football
	Rugby	9/10/11	Field	Mr Crossan
	Rounders	9	Field	Mr Mount
Friday	Morning Fitness	10	Fitness Suite	Mr Taylor
	Lunchtime Football	Variable	Sand Astro	SLT
	Dodgeball	11	Gymnasium	Mr Mount
	Fitness	11	Fitness Room	Mr Cochrane
	Football	11	3G Astro - moulded studs	 Pulse Football
	Athletics - Track	7/8	Field	 Mr Stopher
	Rounders	10/11	Field	Ms Thomas

Unless specifically stated, clubs will start straight after school and finish between 4.15-4.30pm and will be for boys and girls.