

<h1>Year 10</h1> <h2>Dance</h2>			
1. Developing Technical ability	<ul style="list-style-type: none"> Demonstrates a sound ability to learn and reproduce dance action. Technique is developed with sound ability demonstrating some of the physical skills; posture, coordination, control, strength, stamina and extension. Technique is developed with sound ability demonstrating some musicality, timing and dynamic content. Demonstrates a sound ability to move accurately using some stylistic features of the dance. 	<ul style="list-style-type: none"> Demonstrates a highly developed ability to learn and reproduce dance actions accurately and in a confident manner. Technique is developed with highly developed ability to demonstrate a range of physical skills; posture, coordination, control, strength, stamina and extension. Technique is developed with the ability to demonstrate musicality, accuracy of timing and dynamic content in a confident and competent manner. Demonstrates a highly developed ability to move using the dances style and action content accurately. 	<ul style="list-style-type: none"> Demonstrates exceptional ability to learn and reproduce dance actions accurately. Technique is developed with exceptional ability to demonstrate all physical skills; posture, coordination, control, strength, stamina and extension. Technique is developed with exceptional ability to demonstrate musicality, accuracy of timing and dynamic content. Demonstrates exceptional ability to move in a stylistically accurate way.
2. Creating Group Dances	<ul style="list-style-type: none"> Demonstrates a sound ability to create motifs that show the theme of the mood in a literal and coherent way. Demonstrates a sound ability to select and use some choreographic devices and contact work that show the theme or mood of the dance. Demonstrates a sound ability to select music/sound that provides a structure for the dance and matches the mood of the choreographic intention. A sound understanding of the process of choreography and can evaluate own work. 	<ul style="list-style-type: none"> Demonstrates a highly developed ability to create motifs that show the theme and mood of the dance in a highly creative way. Demonstrates a highly developed ability to select and use a range of choreographic devices and contact work that reflect the choreographic intention effectively. Demonstrates a highly developed ability to select music/sound that structures the dance and supports the choreographic intention. A highly developed understanding of the process of choreography and can evaluate their own work in a clear manner. 	<ul style="list-style-type: none"> Demonstrates an exceptional ability to create motifs that show the choreographic intention in an exceptionally creative way. Demonstrates an exceptional ability to select and use choreographic devices and contact work that creatively reflect the choreographic intention. Demonstrates an exceptional ability to select music/sound that structures the dance and helps realise the choreographic intention. An excellent understanding of the process of choreography and can evaluate their own work in a clear and sophisticated manner.
3. Performing Solo Dances	<ul style="list-style-type: none"> Demonstrates a sound ability to perform dances using some of the physical skills. Demonstrates a sound ability to perform dances using some of the technical skills. Demonstrates a sound ability to perform dances using some of the expressive skills. Demonstrates a sound ability to mostly understand the purpose of rehearsals, safe practice and can evaluate dances. 	<ul style="list-style-type: none"> Demonstrates a highly developed ability to perform dances using a range of physical skills. Demonstrates a highly developed ability to perform dances using a range of technical skills. Demonstrates a highly developed ability to perform dances using a range of expressive skills. Demonstrates a highly developed understanding of the purpose of rehearsals, safe practice and evaluates dances well. 	<ul style="list-style-type: none"> Demonstrates exceptional ability to perform dances using all physical skills. Demonstrates exceptional ability to perform dances using all technical skills. Demonstrates exceptional ability to perform dances using all expressive skills. Demonstrates an exceptional understanding of the purpose of rehearsals, safe practice and evaluates dances with clarity and sophistication.
4. Performing Group Dances	<ul style="list-style-type: none"> Demonstrates a sound ability to perform dances using some expressive skills; projection, focus, spatial awareness, facial expression and phrasing. Demonstrates a sound ability to perform with sensitivity to other dancers. They will mostly consider use of timing, choreographic devices and safe practice in contact work. Demonstrates a sound ability to mostly communicate the mood, meaning, style and theme of the dance. Demonstrates a sound ability to mostly understand the purpose of rehearsals, safe practice and can evaluate dances. 	<ul style="list-style-type: none"> Demonstrates a highly developed ability to perform dances using a range of expressive skills; projection, focus, spatial awareness, facial expression and phrasing. Demonstrates a highly developed ability to perform with sensitivity to other dancers considering the use of timing, choreographic devices and safe practice in contact work. Demonstrates a highly developed ability to communicate the mood, meaning, style and theme of the dance. Demonstrates a highly developed understanding of the purpose of rehearsals, safe practice and evaluates dances well. 	<ul style="list-style-type: none"> Demonstrates exceptional ability to perform dances using all expressive skills; projection, focus, spatial awareness, facial expression and phrasing. Demonstrates exceptional ability to perform with sensitivity to other dancers using accurate timing, use of choreographic devices and safe practice in contact work. Demonstrates exceptional ability to communicate the mood, meaning, style and theme of the dance in a sophisticated way. Demonstrates an exceptional understanding of the purpose of rehearsals, safe practice and evaluates dances with clarity and sophistication.
5. Writing about Dance	<ul style="list-style-type: none"> Have a sound knowledge and understanding of the elements of physical setting and write using descriptions, some examples and interpretations. Have a sound knowledge and understanding of the elements of aural setting and write using descriptions, some examples and interpretations. Have a sound knowledge and understanding of the movement content of a selection of set works and write using descriptions, some examples and interpretations. 	<ul style="list-style-type: none"> Have a highly developed knowledge and understanding of the elements of physical setting and write using clear descriptions, examples and interpretations. Have a highly developed knowledge and understanding of the elements of aural setting and write using clear descriptions, examples and interpretations. Have a highly developed knowledge and understanding of the movement content of a selection of set works and write using clear descriptions, examples and interpretations. Have a highly developed knowledge and understanding of the choreographic content of a selection of set works and write using clear descriptions, examples and interpretations. 	<ul style="list-style-type: none"> Have an excellent knowledge and understanding of the elements of physical setting and write in a sophisticated manner using detailed descriptions, examples and interpretations. Have an excellent knowledge and understanding of the elements of aural setting and write in a sophisticated manner using detailed descriptions, examples and interpretations. Have an excellent knowledge and understanding of the movement content of a selection of set works and write in a sophisticated manner using detailed descriptions, examples and interpretations.